

# Early Bird 3 Courses

## €42.95

Soup of the Day

Seafood Chowder (g)

Chicken Liver Pate with Cumberland Sauce and Grilled Sourdough Bread (g)

Deep Fried Brie with Plum and Port Sauce, Cucumber Pickle and Caramelised Walnuts (g) (v)

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Grilled Fillet of Hake with Risotto of the Day

Confit Pork Belly with a Honey and Orange Glaze, Roast Fennel, Sweet Potato Puree and a Cumin Salsa Verde

Char Grilled Glen Valley Chicken Supreme with Mash Potato and a Wild Mushroom and Red Wine Jus

8oz Irish Sirloin Steak grilled over charcoal with Sauteed Mushrooms and Onions, Twice Cooked in Beef Dripping Hand Cut Chips and a choice of Garlic

Butter, Peppercorn or Bearnaise Sauce (supplement 5)

Aubergine Parmigiana with a Soft Herb and Almond Crumb (v) (g) (n)

Roast Spiced Sweet Potato, Hummus, Organic Green Leaf, Pickled Cucumber, Salsa Macha, Shaved Fennel and Dukkah Salad (vg)

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Selection of Homemade Man Friday Ice Creams (n) (g)

Meringue Nest with Vanilla Ice Cream, Toasted Almonds, and Hot Raspberry Sauce (n)

Apple Crumble with Vanilla Ice Cream (g)